

Cosmetic Surgeon of the Year (Italy): Elena Giardini

Based in Padova, Italy, Dr. Elena Giardini is a board-certified Aesthetic Plastic Surgeon with a specialism in Minimally Invasive Aesthetic Surgery. She has completed research in the field of cell regeneration and incorporates pioneering techniques and technologies into her surgical practices. With her innovative approach to aesthetics, Dr. Elena Giardini offers minimally invasive interventions that produce natural and elegant results. For her effective methods, Dr. Elena Giardini has been honoured with the award for Cosmetic Surgeon of the Year (Italy).

In the landscape of Aesthetic Plastic Surgery, micro-invasive techniques are ushering in a new era of aesthetics. Dr. Elena Giardini is passionate about the regenerative power of minimally invasive cosmetic surgery. From a private practice in Padova, she offers a variety of aesthetic treatments including plastic surgery, aesthetic medicine, and laser rejuvenation. Her aesthetic solutions are designed to solve unique problems with patients ultimately deciding the treatment that is right for them. All surgeries are performed, wherever possible, through minimally invasive techniques with the option for the combined use of laser-assisted technologies and endoscopy.

Endoscopic cosmetic surgery involves a surgeon inserting an endoscope into a small incision to better understand the anatomical structures they are working on. The technique is less invasive, resulting in more strategically positioned scars, shorter recovery times, and greater pain control. Laser-assisted technologies and endoscopy are often combined with the most requested surgeries being frontal lifting, breast augmentation with trans-axillary access, and abdominoplasty. With her innovative methods, Dr. Elena Giardini achieves evident results with minimal invasiveness.

Dr. Elena Giardini received her degree in Medicine and Surgery from the University of Padua and has worked for surgeries in both Italy and the USA. She is a member of the Italian Society of Plastic, Reconstructive, and Aesthetic Surgery (SICPRE) Member of International Society of Aesthetic Plastic Surgery (ISAPS), International Member of American Society of Plastic Surgeons (ASPS), and the American Society of Laser Medicine and Surgery (ASLMS). The latter organisation brings together experts within the field, requiring them to remain updated on the latest training, surgical techniques, and equipment available. Dr. Elena

Giardini is also a Technical Consultant for the Court of Padua for Plastic Surgery and a speaker at international events.

At the ISAPS World Congress in September 2022, Dr. Elena Giardini presented the world's first non-invasive Regenerative Medicine technique. Her pioneering technique does not require fillers or Botox and is set to revolutionise the world of cosmetic surgery. For the non-surgical rejuvenation technique, she received the ISAPS Olympiad Athens 2023 Award.

Dr. Elena Giardini is uniquely positioned to provide the highest quality of treatment through her commitment to continuous training and a patient-centric approach. She understands that although two patients' aesthetic problems may be similar, the solutions can be entirely different based on their bodies, personal preferences, and the recovery time available. Dr. Elena Giardini prides herself on her natural approach to treatments which prioritise patients' comfort and safety while delivering harmonious results.

Valeria Penzo, a valued patient, shares, "I chose Dr. Elena Giardini because I was looking for a natural treatment for the rejuvenation of my face. She is a professional and competent cosmetic surgeon, attentive to patients' needs, and does not promise false results. She is a passionate researcher who loves her work and offers the patient ultra-modern and cutting-edge techniques, which in my case have given my face a completely natural freshness and youth."

From her private practice in Padova, Dr. Elena Giardini provides patients with a variety of treatments including aesthetic surgery, aesthetic medicine, and laser rejuvenation. Her commitment to continuous research and training allows her



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to obtain the best results for her patients while prioritising their safety at all times. With her patient-centric approach, Dr. Elena Giardini will continue to provide patients with natural and harmonious solutions to their unique aesthetic problems. We are excited to see what revolutionary changes her new non-surgical technique will bring to the cosmetic surgery industry. For her pioneering work, Dr. Elena Giardini has received our award for Cosmetic Surgeon of the Year (Italy).

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