
Cosmetic Surgeon of the Year (Italy) 2024 - Elena Giardini

Elena Giardini is an expert and highly qualified professional in natural and non-invasive cosmetic surgery, for visible results with harmony and elegance. Her aesthetic clinic in Padua specialises in the field of laser surgery, with a strong focus on minimally invasive lifting and in all practices that place the patient's wellbeing at the centre. We speak to Elena in more detail following her recent win in the LUX Global Excellence Awards 2024.

Based in Padua, Italy, Elena Giardini is a cosmetic surgery centre specialising in minimally invasive procedures with the aim of rediscovering and improving natural beauty in a safe and comfortable way.

Established by board certified aesthetic plastic surgeon and the firm's namesake, Elena Giardini, the Elena Giardini clinic offers the latest technological treatments, including laser-assisted methods and endoscopic techniques, as well as regenerative medicine in aesthetics.

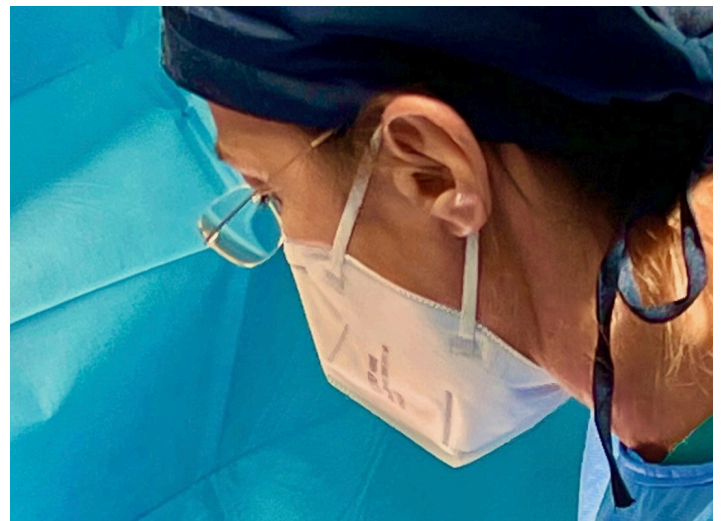
Dr. Elena Giardini is the author of the world's first non invasive Regenerative Medicine technique. Elena, who was professionally trained in Italy, with research in the field of cell regeneration, and in the USA. Today, she particularly deals with minimally invasive aesthetic surgery and is a member of the SICPRE Società Italiana di Chirurgia Plastica Ricostruttiva Estetica e Rigenerativa, of the ASLMS American Society for Laser Medicine and Surgery, ISAPS International Society of Aesthetic Plastic Surgery and international member of ASPS American Society of Plastic Surgeons. She is also CTU, Technical Consultant for the Court of Padua for Plastic Surgery and speaker and moderator at international conferences.

Elena believes that the secret to differentiating in such a highly saturated and competitive industry is to always be one step ahead in research and surgical techniques, as well as to give patients the maximum results, always having safety as a priority. She explains that, in particular, the new non-surgical rejuvenation technique of the face and neck is currently revolutionising the world of cosmetic surgery.

"This means no more fillers and botox for temporary treatments, which always produce the same results in different patients, but a true and structural rejuvenation with natural results," she elaborates. "The new regenerative medicine technique also seems to have important results in the rejuvenation of other areas of the body such as the neck, arms and legs and we currently use it in a combined approach with minimally invasive techniques to maximize results."

Elena also offers minimally invasive aesthetic breast surgery and subfascial endoscopic mini-invasive breast augmentation, which is a very successful alternative to surgery and has numerous advantages compared to the traditional techniques, including being less invasive, with fast recovery, surgery under local anaesthesia and sedation, reduced scar tissue, plus the preservation of the integrity of the pectoral muscle.

She also continues to tell us that 2024 has been an extraordinary year for her, from a professional point of view. The new non-invasive technique of regenerative medicine is bringing incredible evidence and concrete results



in the rejuvenation of the face and neck, so much so that Elena was invited as a speaker and moderator of the fifth edition of the International Conference of Dermatology and Cosmetology, IDC 2024, held in Paris last June.

As well as this, she is looking forward to having the honour to speak about how a combined use of stem cells and laser technologies for face and neck rejuvenation can reduce patients' request for surgical correction at the 92nd Meeting of the American Society of Plastic Surgeons, ASPS, held in San Diego, USA, last September, as well as being invited to present new evidence at numerous conferences, such as the 2025 Isaps Olympiad Singapore World Congress and the IDC 2025 in Rome.

Elena is no stranger to receiving awards and has prestigious accolades such as Corporate Life Wire Award as Cosmetic Surgeon of the Year 2024; Isaps Olympiad Athens 2023; Global Excellence Awards Lux Life: Cosmetic Surgeons of the Year 2023; and Corporate Life Wire 2025 nomination as Cosmetic Surgeon of the Year under her belt.

Adding to her already impressive trophy cabinet, Elena was delighted to recently receive the prestigious title of Cosmetic Surgeon of the Year (Italy) 2024 in the LUX Global Excellence Awards 2024 for her dedication and commitment to her research and work.

Congratulations from all the team and here's to a bright future for Elena Giardini!



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